The author will present the guidelines for peripheral arterial diseases adopted and translated according to the same ones published by the European Society of Cardiology in 2012. The second topic will focus on the importance of patient education as a part of the very important therapeutic aspect in the arterial and venous disease treatment. The author will present two pocket books designed specifically for the vascular patient. The main importance of these texts, guidelines for the patient, is to give answers to many questions posed by patients as a help in improving the quality of their daily life. It is believed that through patient education many of them will become our partners in reducing vascular morbidity and, cardiovascular mortality that would probably reduce health care costs. The author will present some proposals and strategic activities in improving vascular health care in Croatia.

**KEYWORDS:** angiology, patient education.

**CITATION:** Cardiol Croat. 2014;9(5-6):248.

**Literature**
