



Zapisnik sastanka Upravnog odbora HKD

Zagreb, 23. rujna 2009.

Minutes of the Management Board's Meeting of the CCS

Zagreb, 23rd Sep 2009

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*Kardio list, Hrvatsko kardiološko društvo
Kardio list, Croatian Cardiac Society*

Sastanak Upravnog odbora Hrvatskog kardiološkog društva (HKD) održan je u Kliničkom bolničkom centru Zagreb dana 23. rujna 2009. godine, neposredno nakon radnog sastanka održanog prigodom obilježavanja Svjetskog dana srca. Sastanak je započeo u 16,15 sati, a nazočili su: prof. Miličić, dr. Jukić, dr. Stipić, prof. Zaputović, prim. Vuković, dr. Počanić, doc. Strozzi, prof. Vincelj. U 16,30 naknadno su pristigli dr. Tršinski i prof. Bergovec. Za zapisničara je izabran prim. Ivanuša.

Prva točka dnevnog reda bilo je izvješće o tijeku priprema za obilježavanje Svjetskog dana srca koji je 27. rujna 2009. Najavljeni su detalji središnjeg obilježavanja u Zagrebu koje će se održati na Trgu bana Jelačića, pojašnjena je distribucija otisnutog letka i postera, a prisutni su obaviješteni o dosadašnjim i planiranim istupima u elektronskim i tiskanim medijima. Najavljena su zbivanja u Rijeci, Opatiji i Splitu, a očekuje se obilježavanje i u drugim većim gradovima diljem zemlje.

Druga točka bio je nedavno završeni godišnji kongres Europskog kardiološkog društva (ESC) u Barceloni. Prof. Miličić izvijestio je prisutne da je na kongresu bilo oko 31.000 sudionika, a od 10.000 prijavljenih sažetaka prihvaćeno je njih 4.000, od kojih svega nekoliko iz Hrvatske. Član programskog odbora bio je prof. Miličić (za područje ishemijske bolesti srca), a konzultant programskog odbora akademik Reiner u ime Europskog društva za aterosklerozu. Prof. Miličić sudjelovao je u radu ESC Committee for Education and Accreditation i ESC Credential Committee, a akademik Reiner i prof. Miličić sudjelovali su u radu EACPR i vođenju sjednica. Objavljena je hrvatska inačica Heart Score programa koji predstavlja korisno oruđe za kvantificiranje rizika i pogodan je za prospektivno praćenje. Prim. Ivanuša sudjelovao je na sastanku Mreže urednika nacionalnih kardioloških časopisa na kojem je bilo riječi o novim inicijativama za kardiološku kontinuiranu edukaciju putem nacionalnih časopisa. Na sastanku su po prvi puta osigurani najvažniji kongresni sažeci (njih 29) za objavu na lokalnom jeziku koji će izaći u broju *Kardio lista* za listopad 2009. godine. Prim. Krstajić sudjelovao je u radu Radne skupine ESC-a za primjenu računala u kardiologiji kao član nukleusa i budući tajnik. Pored predjedanja sjednicom o antitrombotskoj terapiji u akutnom koronarnom sindromu, prof. Bergovec je sudjelovao na sastancima Upravnog odbora nekoliko međunarodnih kliničkih studija iz područja antiagregacijske, antikoagulantne i trombolitičke terapije koronarne bolesti srca, fibrilacije atrijske i plućne embolije (ENGAGE-TIMI AF, ATLAS-TIMI 51, SEPIA). Kao i zadnjih nekoliko, tako je i ove godine HKD bilo prisutno na ESC kongresu štandom s promotiv-

The Meeting of the Management Board of the Croatian Cardiac Society (CCS) was held on 23rd September 2009 in the Clinical Hospital Centre in Zagreb immediately following the working meeting held on occasion of celebrating the World Heart Day. The meeting started at 16.15 o'clock and was attended by: Prof Miličić, Dr Jukić, Dr Stipić, Prof Zaputović, Prim Vuković, Dr Počanić, Asisst Prof Strozzi, Prof Vincelj. At 16.30, Dr Tršinski and Prof Bergovec subsequently arrived. Prim Ivanuša was elected as recorder.

The first item of the agenda was the report of the course of preparations for celebration of the World Heart Day which took place on 27th September 2009. Some details of the central meeting in Zagreb that will be held at the Ban Jelačić Square were announced, the distribution of the printed leaflets and posters was clarified and the attendees were informed of former and planned publications in electronic and press media. Some events in Rijeka, Opatija and Split have been announced expecting the celebration in some other bigger cities all over the country.

The second item of the agenda was the recently finished annual congress of the European Society of Cardiology (ESC) in Barcelona. Prof Miličić informed the attendees that around 31,000 participants attended the congress. Out of 10,000 reported abstracts some 4,000 abstracts were accepted out of which only several of them were from Croatia. The member of the Programme Board was Prof Miličić (for the topic ischemic heart disease) and the academician Reiner was the consultant of the Programme Board representing the European Atherosclerosis Society. Prof Miličić participated in the work of ESC Committee for Education and Accreditation and ESC Credential Committee, and the academician Reiner and Prof Miličić participated in the work of EACPR and chairing the meeting. The Croatian version of Heart Score Programme has been prepared representing the useful tool for quantification of the risk and is suitable for prospective follow-up. Prim Ivanuša participated in the meeting of the Editors' Network of National Cardiology Journals where some new initiatives about continuous education in cardiology and training by means of national journals were discussed. For the first time, the most important congress abstracts publicized on the national language (29 of them) were presented at the meeting and they will be published in the *Kardio list* issue for October 2009. Prim Krstajić participated in the work of the ESC Working Group Computers in Cardiology as the member of nucleus and as the secretary-elect. Apart from chairing the meeting on antiplatelet therapy in acute coronary syndrome, Prof Bergovec participated in meetings of the Management Board of several international clinical studies in the area of antiaggregation, anticoagulation and thrombolytic therapy of the coronary heart disease, atrial fibrillation and pulmonary embolism (ENGAGE-TIMI AF, ATLAS-TIMI 51, SEPIA). Similar as during the last few years, even this



im materijalima, obavijestima o budućim zbivanjima (1st Cardiology Update u Dubrovniku, 3. ehokardiografski simpozij u Opatiji, 8. kongres HKD u Opatiji...). Na kongresu su bile objavljene i nove smjernice o procjeni preoperativnog kardiološkog rizika, dijagnostici i zbrinjavanju sinkope, dijagnostici i liječenju plućne hipertenzije te prevenciji, dijagnostici i liječenju infekcijskog endokarditisa.

Treća točka bile su aktivnosti HKD najavljene za jesen i zimu 2009. godine. Prof. Miličić je izvijestio da je tijekom prethodnog vikenda održano nekoliko zbivanja. Na sastanku HKD Podružnica sjeverozapadna Hrvatska 18. rujna u Zaboku bilo je govora o fondaparinuxu (prof. Miličić), rosiglitazonu (prof. Nikolić-Heitzler) i zbrinjavanju bolesnika s akutni koronarnim sindromom u Hrvatskom zagorju (doc. Bernat), a u raspravi se govorilo o organizacijskim problemima. Dana 19. rujna u Portorožu bio je zajednički sastanak HKD i Slovenskog kardiološkog društva koji je bio posvećen 10 godina HOPE studije te suvremenoj strategiji liječenja arterijske hipertenzije. Predavači su bili prof. Miličić i doc. Jelaković. Odmah nakon toga, prof. Miličić je održao dva pozvana predavanja na kongresu Rumunjskog kardiološkog društva ("EUROASPIRE u 22 europske zemlje", "Kardiovaskularna medicina u Hrvatskoj"). Od 1. do 4. listopada održat će se 1st Cardiology Update u Dubrovniku na kojem se očekuje oko 300 sudionika. Kao gost simpozija bit će Ann Arbor University Michigan, a sastanak je zamišljen kroz predavanja, interaktivne prikaze slučajeva, satelitske simpozije i sažetke koji će biti prezentirani kao poster (njih 40). Planiran je i sastanak ESC Committee for Education and Accreditation. Nakon zbivanja u Dubrovniku, izvijestio je prof. Miličić, na Medicinskom fakultetu Sveučilišta u Zagrebu očekuje se potpisivanje Povelje o suradnji Ann Arbor Michigan University Dept. of Cardiology. Od 9. do 11. listopada u Rijeci pod vodstvom prof. Bergovca održat će se Poslijediplomski tečaj "Športska medicina", a od 16. do 18. listopada 2009. u Opatiji će biti 3. hrvatski ehokardiografski simpozij s međunarodnim sudjelovanjem. Slijedi 5. srednjoeuropski kongres o hipertenziji koji će se održati od 22. do 25. listopada u hotelu Westin u Zagrebu. Planira se predstavljanje novog hrvatskog izdanja ESC smjernica o plućnoj emboliji (prof. Begovec) te predavanje o suvremenom liječenju plućne hipertenzije (prof. Samardžija) kojeg će sponzor biti Sanofi Aventis, a datum će biti dogovoren za listopad. U studenom ove godine planiran je sastanak Upravnog odbora i stručni sastanak. Prim. Vuković izvijestio je prisutne o održavanju poslijediplomskog tečaja o koronarnoj bolesti srca koji je najavljen za 6. i 7. studenoga 2009. u Splitu, a bit će popraćen knjigom o koronarnoj bolesti srca koja će biti udžbenik Medicinskog fakulteta Sveučilišta u Splitu. Za prosinac 2009. godine planiran je Croatian Forum on CVD Prevention pod pokroviteljstvom ESC, EACPR — jednodnevni simpozij u Zagrebu. Planirani program foruma su predavanja o kardiovaskularnim bolestima u Hrvatskoj, predavanja gostiju, potpisivanje *European Heart Health Charter* (vjerojatno uz nazočnost predstavnika Ministarstva zdravstva i socijalne skrbi), predstavljanje novih ESC smjernica o kardiovaskularnoj prevenciji i rehabilitaciji, predstavljanje hrvatske inačice *Heart Score* te Božićni domjenak HKD. Za mjesec prosinac najavljeno je sudjelovanje prof. Miličića kao pozvanog predavača na kongresu Grčkog kardiološkog društva i Kardiološke federacije Itali-

year ESC also participated in ESC congress with a stand with promotion materials, information about some future events (the 1st Cardiology Update in Dubrovnik, the 3rd Echocardiographic Symposium in Opatija, the 8th Congress of CCS in Opatija...) Some new guidelines about the evaluation of preoperative cardiac risk, diagnostics and management of syncope, diagnostics and treatment of pulmonary hypertension and prevention, diagnostics and treatment of infective endocarditis were publicized at the Congress.

The third item were the CCS activities announced for autumn and winter 2009. Prof Miličić gave the information that during the previous weekend there were several events. The issues concerning fondaparinux (Prof Miličić), rosiglitazone (Prof Nikolić-Heitzler) and management of patients with acute coronary syndrome in *Hrvatsko zagorje* (Assist Prof Bernat) were discussed on 18th September at the meeting of CCS of the regional branches of north-western Croatia in Zabok and some organizational problems were also brought up during the discussion. On the 19th September there was a common meeting of CCS and Slovenian Cardiac Society in Portorož that was dedicated to 10 year HOPE study and the modern strategy of treatment of hypertension. The lecturers were Prof Miličić and Assist Prof Jelaković. Immediately afterwards, Prof Miličić gave two called lectures at the congress of the Rumanian Cardiac Society ("EUROASPIRE in 22 European countries", "Cardiovascular medicine in Croatia"). From 1-4 October the 1st Cardiology Update will be held in Dubrovnik where some 300 participants are expected to come. Ann Arbor University Michigan will be a guest at the Symposium, and the meeting will be organized through lectures, interactive case studies, satellite symposiums and summaries that will be presented as posters (40 of them). The meeting of ESC Committee for Education and Accreditation was planned. Following the events in Dubrovnik, as Prof Miličić said, the Charter of Cooperation with Ann Arbor Michigan University Dept. of Cardiology is to be signed at the Faculty of Medicine of the Zagreb University. From 9th to 11th October the Post-Graduate Course "Sports Medicine" will be organized in Rijeka guided by Prof Bergovec, and from 16th to 18th October 2009 the 3rd Croatian Echocardiographic Symposium with international participation will be held in Opatija. They are followed by the 5th Central European Meeting on Hypertension that will be held from 22nd to 25th October in the Westin Hotel in Zagreb. The presentation of the new Croatian edition of ESC guidelines of pulmonary embolism (Prof Bergovec) and the lecture on modern treatment of pulmonary hypertension (Prof Samardžija) to be sponsored by Sanofi Aventis has been planned and the date will be agreed for October. In November this year, the meeting of the Management Board and a professional meeting has been planned. Prim Vuković informed the attendees of scheduling a post-graduate course on coronary disease announce to be from 6th and 7th November 2009 in Split, and it will be accompanied by a book on coronary disease that will become a textbook at the Faculty of Medicine of the Split University. The Croatian Forum on CVD Prevention under auspices of ESC, EACPR — one-day symposium is planned for December 2009 in Zagreb. The lectures on cardiovascular diseases in Croatia, lectures by guests, signing of the *European Heart Health Charter* (probably in presence of the Ministry of Health and Social Welfare), presentation of the new ESC guidelines of cardiovascular prevention and rehabilitation, presentation of the *Croatian Heart Score* and CCS Christmas party are included in the planned forum programme. The participation of Prof Miličić as an invited lecturer at the congress of the Greek Cardiac Society and Cardiac Federation of Italy and



je te sastanak oko novoga europskoga registra akutnog koronarnog sindroma.

Četvrta točka bilo je izvješće o novom programu za specijalizaciju iz kardiologije. Prof. Zaputović je objasnio trogodišnji rad po radnim skupinama koje je organiziralo Ministarstvo zdravstva i socijalne skrbi (MZSS) s ciljem usklađenja programa specijalizacije iz kardiologije s važećim na prostorima Europske unije. No, nenadanom objavom novog Pravilnika o specijalističkom usavršavanju doktora medicine od strane MZSS u Narodnim novinama (www.nn.hr) broj 111 od 17. rujna 2009. godine, čitav traj trud nije adekvatno prepoznat jer kardiologija nije postala zasebna specijalizacija, nego je i dalje dvogodišnja uža specijalizacija nakon završene specijalizacije iz interne medicine u trajanju od četiri godine. U diskusiju koja je potom uslijedila uključili su se svi prisutni. Uvidom u program nove uže specijalizacije iz kardiologije vidljivo je da se nije ništa bitno promijenilo u odnosu na prethodni pravilnik. I dalje se u programu pronalaze fonomehanografija, vektorkardiografija — metode koje se više rutinski ne primjenjuju u kliničkoj praksi. Kako pravilnik stupa na snagu 24. rujna 2009. nije moguće više ništa učiniti, nego treba ponovno potaknuti dogovor na razini Hrvatsko kardiološko društvo-Medicinski fakulteti-Ministarstvo zdravstva i socijalne skrbi.

Peta točka bila je organizacija 8. kongresa HKD u Opatiji (hotel Ambasador), 21. — 24. listopada 2010. godine. Bit će zatraženo pokroviteljstvo ESC. Planirana su pozvana predavanja u sesijama i kao izdvojena. Planiraju se dva simpozija koje bi zajednički organizirali ESC/HKD s temama o akutnom koronarnom sindromu i zatajivanju srca. Planiran je i izložbeni prostor za ESC. Treba podsticati objavu rezultata vlastitog rutinskog rada. Planirane su sekcije s kliničkim prikazima slučajeva i satelitski simpoziji. Obzirom na financijsku situaciju treba apelirati na farmaceutske tvrtke da budu sponzori kongresa.

Ostale aktivnosti u 2010. godini bile su šesta točka dnevnog reda. Pored već spomenutog 8. kongresa HKD, razmišlja se o organizaciji još jednog simpozija u suradnji s Mayo klinikom. Planiraju se redoviti stručni sastanci, aktivnosti podružnica i radnih skupina, ritmološki simpozij. Članovi HKD planiraju sudjelovanje na predstojećim sastancima u Radencima, Sarajevu, Francuskoj, Grčkoj, Rumunjskoj, Njemačkoj i ESC kongresu 2010 koji će se održati u Stockholmu.

Sedma točka bila je naplata članarine za 2008. i 2009. godinu. Ovo je izazvalo dosta diskusije u koju su se uključili svi prisutni. Raspravljalo se o iznosu članarine, možebitnim posljedicama neplaćanja, načinu plaćanja (uplatnica, online). Uplata članarine putem portala ne bi bila troškovno učinkovita, jer znatno podiže trošak održavanja portala. Zaključeno je da se najprije mora aktualizirati popis članova što će učiniti Tajnik HKD, potom će se zajedno s *Kardio listom* u koverti poslati uplatnica za članarinu za 2008. i 2009. godinu koja će iznositi ukupno 400,00 kuna. Registriranim članovima novog portala Kardio.hr bit će moguće vidjeti je li trošak članarine plaćen, obzirom da će evidencija plaćanja članarine biti javna.

Iduća točka dnevnog reda bilo je planirano osvježanje web stranica HKD. Napredak u razvoju rješenja novog portala u razdoblju od sastanka u lipnju predstavio je Davor Fanton, dipl. ing. iz tvrtke Helix koja je izradila novi,

the meeting concerning the new European registry of acute coronary syndrome has been announced for December.

The fourth item was the report on a new programme for the specialization in cardiology. Prof Zaputović clarified a three-year work by working groups organized by the Ministry of Health and Social Welfare (MZSS) with the aim to comply the specialization programme in cardiology with the applicable one in the areas of the European Union. However, according to the unexpected publication of the new Regulation of specialization programme for doctors of medicine by the MZSS in Official Gazette (www.nn.hr) number 111 of 17th September 2009, all that effort has not been adequately recognized since cardiology has not become a particular specialization, but is still included in the two-year subspecialization following the completed specialization in internal medicine lasting for four years. All attendees joined the discussion that followed afterwards. After having obtained an insight into the programme of the subspecialization in cardiology, it is obvious that no significant changes have been made compared to the former regulation. The programme still includes phonomehanography, vectorcardiography — the methods that are no longer used in the routine clinical practice. Since the Regulation became effective of 24th September 2009, it is no longer possible to do anything about it, but an agreement is to be reached at the level of the Croatian Cardiac Society — Faculties of Medicine — Ministry of Health and Social Welfare.

The fifth item in the agenda was the organization of the 8th CCS Congress in Opatija (the Ambasador Hotel) from 21st to 24th October 2010. The ESC auspices will be required. Called lectures in sessions and separate lectures have been planned. Two symposiums to be jointly organized by ESC/CCS on acute coronary syndrome and heart failure have been planned. The exhibition space for ESC has also been planned. The publication of results of own routine work should be stimulated. The sessions with clinical case presentations and satellite symposiums have been planned. Considering the financial situation, we should appeal to pharmaceutical companies to sponsor the Congress.

Other activities in 2010 were the sixth item of the agenda. Besides the already mentioned 8th Congress of CCS, we are thinking of organizing one additional symposium in cooperation with the Mayo Clinic. Regular professional meeting, activities of the subsidiaries, working groups and rhythmological symposium have been planned. The CCS members are planning on participating in the future meetings in Radenci, Sarajevo, France, Greece, Rumania, Germany and ESC congress in 2010 at will be held in Stockholm.

The seventh item was the collection of membership fee for the years 2008 and 2009. This caused a lot of discussion that all attendees participated in. The membership fee amount, any potential consequences of non-payment, payment method (payment slip, online) were discussed. The membership fee payment through the portal would not be cost-effective since it greatly increases the maintenance cost of the portal. It was concluded that the list of members is first to be updated that will be done by the CCS Secretary, followed by sending the payment forms for membership fee for the years 2008 and 2009 together with *Kardio list* in the envelope that will total to HRK 400. The registered members of the new portal Kardio.hr will be enabled to see if the membership fee cost has been paid, since the membership payment records will be published.

The next item of the agenda was a planned refreshment of the CCS web site. The progress made in development of the new portal during the period from the meeting in June



probni portal. Beta-inačica portala HKD predstavljena je online, a članovima Upravnog odbora dodatna pojašnjenja o sadržaju portala dali su dipl. ing. Fanton i prim. Ivanuša. Zaključeno je da se odmah nakon 1st Cardiology Update načini zamjena starog statičnog portala sa sadržajem novog. Tom prilikom je Predsjedniku HKD predana i ponuda tvrtke Helix koja u svojoj osnovnoj inačici iznosi 47.000 kuna za izradu portala i mjesečno održavanje od 1.800 kuna (cijene bez PDV).

U devetoj točki dnevnog reda "Različito" prof. Miličić je predložio da se idući sastanci Upravnog odbora održavaju drugi utorak u mjesecu u 16 sati na Medicinskom fakultetu Sveučilišta u Zagrebu uz prethodnu najavu elektroničkom poštom. Prof. Bergovec je upitao kakav je status prostora vezanog za Hrvatsku kuću srca. Prof. Miličić je pojasnio da ponuđeni zamjenski prostor (umjesto prvotnog prostora u Ilici) nije adekvatan te da je u tijeku pronalaženje adekvatnog prostora. Prof. Miličić je potom rekao prisutnima da je na prethodnom sastanku Upravnog odbora iz popisa aktivnosti HKD tijekom druge polovice 2008. godine greškom izostavljen Simpozij "Akutna stanja u kardiologiji" koji je održan u hotelu Westin u Zagrebu 29. studenoga 2008. godine, a bio je karakteriziranim odličnom odazivom i dodatnim brojem *Kardio lista*.

Sastanak je završio u 18 sati.

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was presented by Mr Davor Fanton, M. of Eng. from the Helix company who developed a new, test portal. The beta version of the CCS portal was presented online, and the members of the Management Board were given additional explanations about the contents of the portal by Mr Fanton and Prim Ivanuša. It was concluded that immediately following the 1st Cardiology Update, the static portal is to be replaced by the contents of the new one. On that occasion, the company Helix delivered to the CCS President an offer with a price for the basic version amounting to HRK 47,000 for the development of the portal and its maintenance amounting to HRK 1,800 (prices exclusive of VAT).

In the ninth item of the agenda "Miscellaneous" — Prof Miličić suggested that the next meetings of the Management Board should be held at 16 o'clock every second Tuesday in a month at the Faculty of Medicine of the Zagreb University with prior announcement by electronic mail. Prof Bergovec asked about the status of the premises connected with the Croatian Heart House. Prof Miličić explained that the offered replacement premises (instead of the former premises in the Ilica Street) were not adequate and the they were in search for another suitable premises. After that Prof Miličić told the attendees that at the previous meeting of the Management Board the Symposium "Emergencies in Cardiovascular Medicine" held in the Westin Hotel on 29th November in Zagreb characterized by a great number of visitors and an additional issue of the *Kardio list* was erroneously removed from the list of the CCS activities during the second half of 2008.

The meeting ended at 18 o'clock.