



Comments on HPS2-THRIVE

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U.Landmesser - Disclosures

Speaking or consulting: Roche, MSD, Pfizer

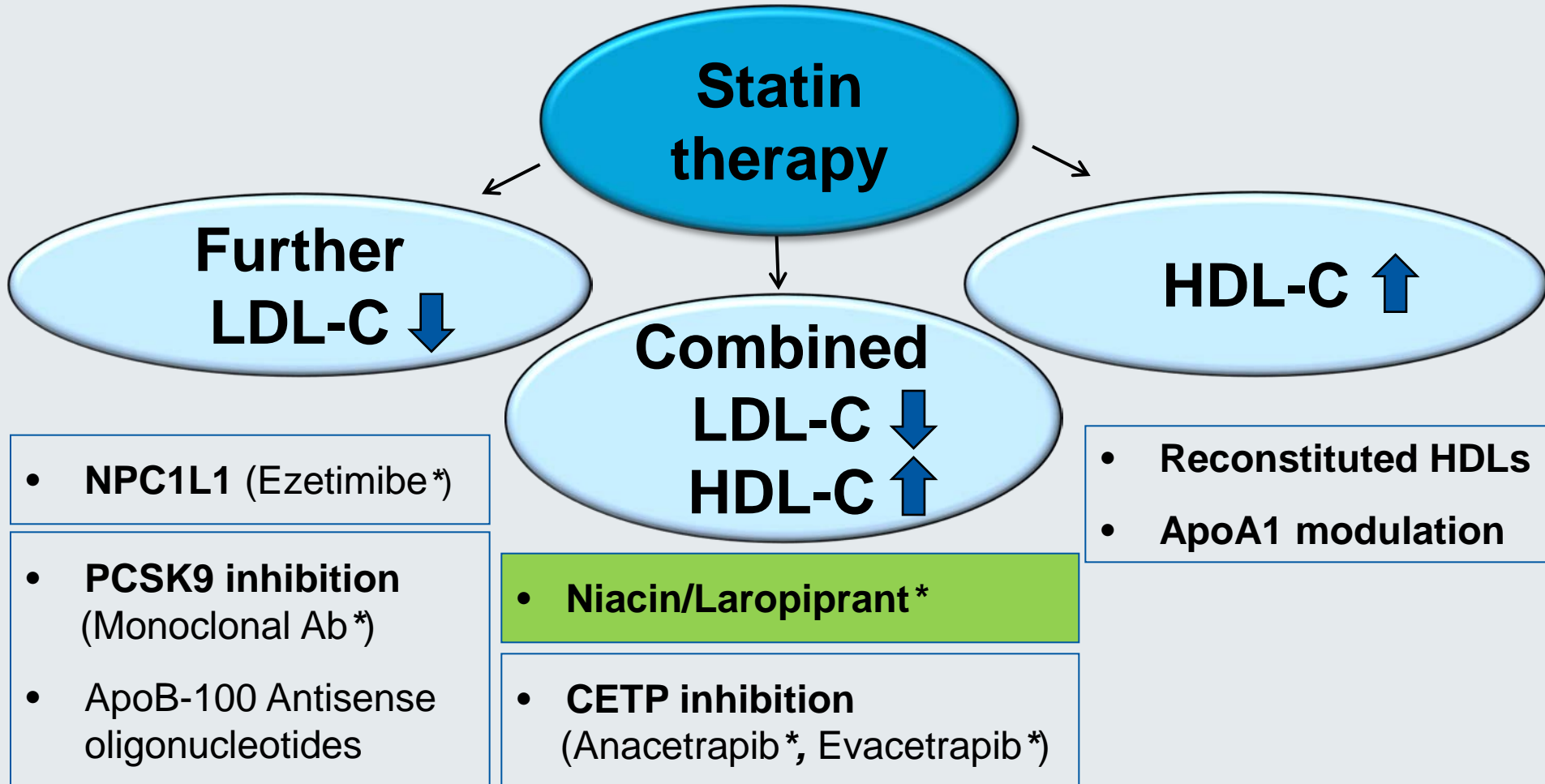
Research grants: Roche, Merck

Comments on HPS2-THRIVE

Treatment of HDL to Reduce the Incidence of Vascular Events

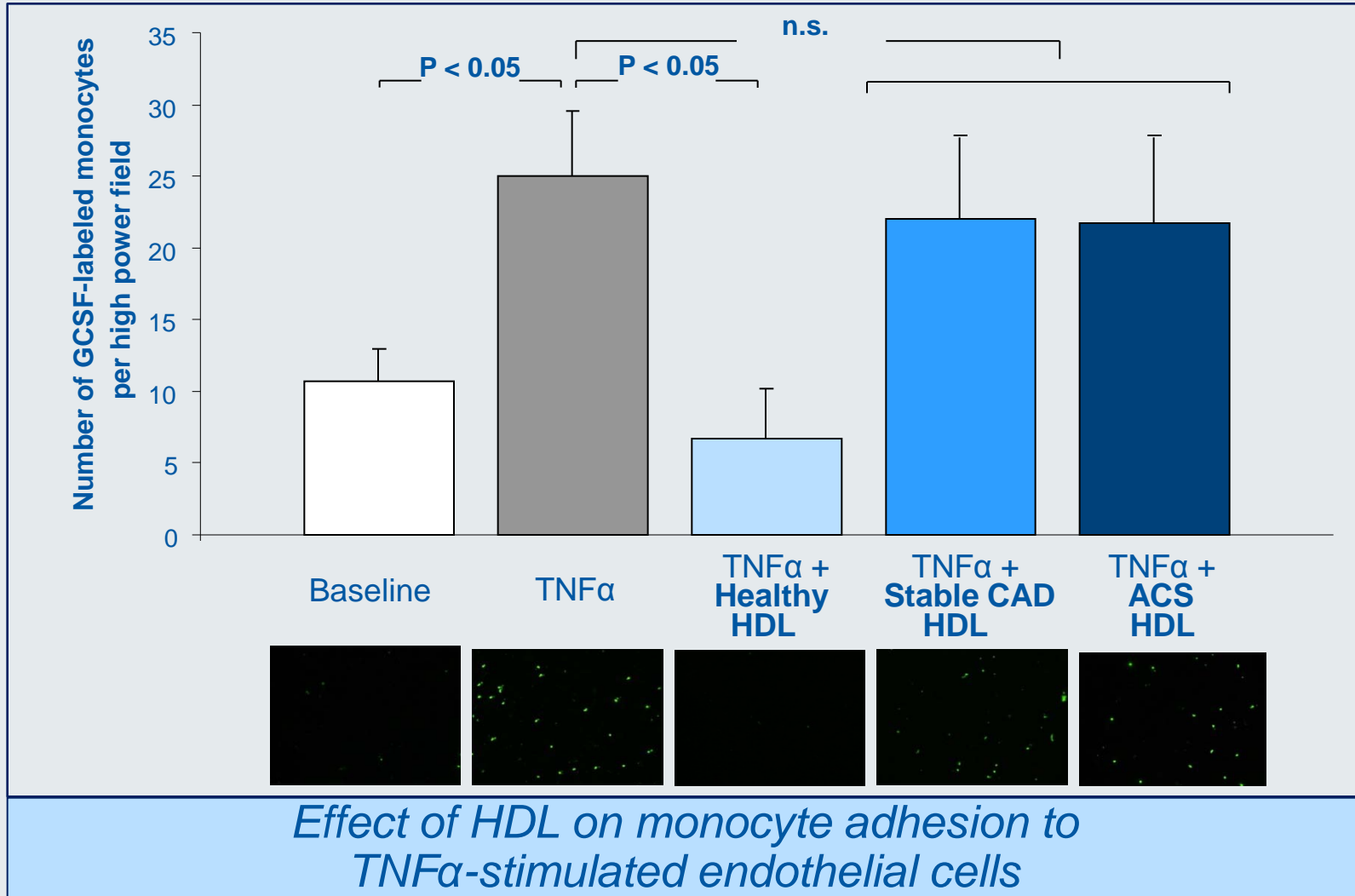
- 1. Lipid-targeted therapies – what should be added to statins ?**
- 2. Niacin – the first lipid-modifying drug - what have we learnt ?**
- 3. Comments on HPS2-THRIVE analysis**
- 4. Comparison between AIM-HIGH and HPS2-THRIVE**

Lipid-targeted Therapies - What should be added to statins in patients with high vascular risk ?



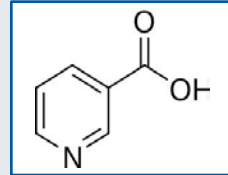
Role of HDL function versus HDL cholesterol levels ?

Different effects of HDL from patients with CAD on inflammatory activation



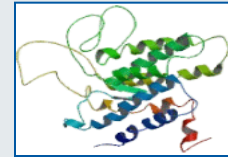
Niacin – the first lipid-modifying drug

1955 Niacin (vitamin B3) - first antidyslipidemic agent
(>50 years of clinical use)

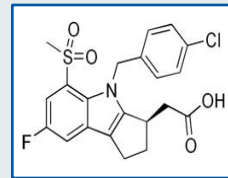


1975 Coronary Drug Project
(1,119 patients on niacin)

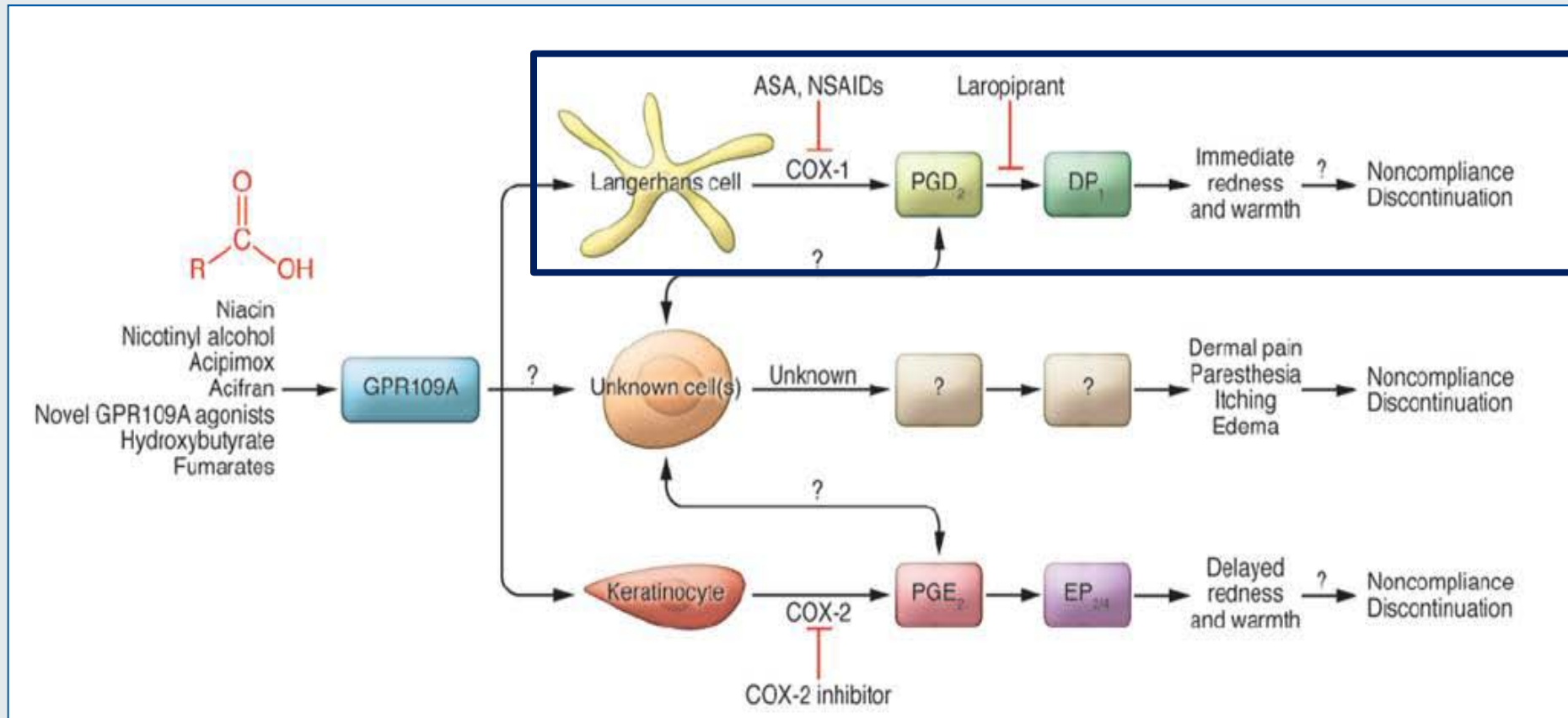
2003 Discovery of niacin receptor (GPR109A)



2009 Coadministration of DP₁ antagonist
laropiprant reduces flushing (1,455 patients)



Proposed model of niacin-associated adverse skin effects



Comments on HPS2-THRIVE

Withdrawal of active ER-Niacin/laropiprant before randomization:

For any medical reason: 25.4 %

- Skin (11.3. %)
(Pruritus, rash, flashing)
- GI symptoms (5.5%)

Withdrawal in randomized treatment phase:

- Skin symptoms (5.1 vs. 1.2 %)
(mostly pruritus)
- GI symptoms (3.6 vs. 1.6 %)
(upper and lower GI)

**Approximately
2/3 of patients
can tolerate
ER-Niacin/
laropiprant
therapy**

Comments on HPS2-THRIVE: Safety analyses

Myopathy increased: 62/69 (0.5%) vs. 10/12 (0.1%)

Largely in patients with Chinese descent

Rhabdomyolysis: 7 (0.05%) vs. 3 (0.02%)

Severe liver disease

(3x ULN + bilirubin \geq 2x ULN): 15 (0.1 %) vs. 18 (0.1 %)

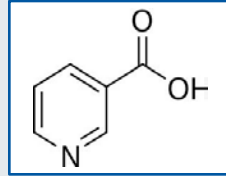
FDA approved label change for simvastatin:

"Patients of *Chinese descent* should not receive simvastatin 80 mg with cholesterol-modifying doses of niacin-containing products. Caution is recommended when such patients are treated with simvastatin 40 mg or less in combination with cholesterol-modifying doses of niacin-containing products."

**Caution
in patients
with chinese
descent
(myopathy)**

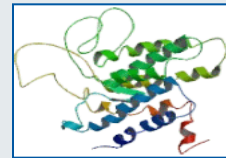
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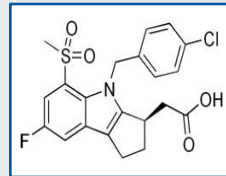


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2011 AIM-HIGH Study






2013 Clinical outcome data of HPS2-THRIVE





Comparison of AIM-HIGH and HPS2-THRIVE

AIM-HIGH trial

(*N Engl J Med* 2011)

- Pre-randomisation phase with niacin(1.5/2g)
 exclusion: 20.1 %
- Aiming to have similarly low LDL-C in both treatment groups
 LDL: - 5.5 %, HDL: + 13.2 %
-  **More patients on high-dose statin and ezetimibe in control-group**
- Randomization (n): 1718 vs. 1696 patients
- Mean FU - 3 years (556 events)

HPS2-THRIVE trial

- Pre-randomisation phase with ER-niacin (2g)/ laropiprant  exclusion: 25.4 %
- No further adjustment of LDL-C levels after randomization
 LDL: -20 %; HDL + 17 %
- Randomization (n): 12838 vs. 12835 patients
- Mean FU - 4 years (? events)
- **Addition of laropiprant (Antagonist of PGD2 receptor DP1)**



**HPS2-THRIVE clinical outcome data
(presentation expected in 2013)**



Thank you



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(I) HDL-C raising can be due to increased production and/or reduced catabolism

